

## Cherokee Parable for Our Time

By Unknown



An old Cherokee was teaching his grandson about life. *“A fight is going on inside me,”* he said to the boy. *“It is a terrible fight and it is between two wolves. One wolf is evil -- he is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, addiction, and ego.”*

The elder continued, *“The other wolf is good -- he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. The same fight is going on inside you -- and inside every other person, too.”*

The grandson thought about it for a minute and then asked his grandfather, *“Which wolf will win?”*

The old Cherokee simply replied, *“The one you feed.”*